

# Strategies for Protecting and Restoring Biodiversity

Loss of Biodiversity



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# Definitions

- Biodiversity refers to the extraordinary variety of life forms on our planet, encompassing everything from the smallest genes and microorganisms to entire complex ecosystems like tropical forests and coral reefs. This unique biological richness we observe today has been shaped by billions of years of evolutionary processes, increasingly influenced by human activity.

# The Loss of Biodiversity

- Loss of biodiversity is the reduction in the richness of life, covering various species, their genetic diversity, and the relationships between them in diverse ecosystems. This can manifest as a decrease in the number of species, their genetic diversity, or the disappearance of various biological communities in a specific area. This decline in biodiversity can lead to the disruption of the balance and functioning of ecosystems where this process occurs.

# Dlaczego różnorodność biologiczna jest ważna?

- Healthy ecosystems provide many essential elements we take for granted. Plants convert solar energy into forms usable by other life forms. Microbes and other living organisms break down organic matter into nutrients, providing plants with a healthy substrate for growth. Pollinators are crucial in plant reproduction, affecting food production. Plants and oceans act as major carbon dioxide sinks.
- As organisms interact within complex ecosystems, the extinction of a single species can significantly impact the entire food web. Predicting the exact consequences of mass extinctions is challenging, but biodiversity allows for our current stage of development.

# The Importance of Biodiversity for Ecosystems

- Ecosystem stability
- Sustainable development and food production
- Medicines and healthcare
- Ecotourism and recreation
- Cultural services

# Loss of Biodiversity

- Natural
- Caused by Human Activity

# Natural Causes

- Natural loss of biodiversity involves regular changes occurring in the natural environment. Examples include cyclic seasonal phenomena, like the spring season, which promotes the reproduction and growth of various species' populations. Conversely, the approaching winter may temporarily reduce biodiversity as some insects do not survive the winter conditions, and migratory species leave the area. Seasonal fluctuations in plant and invertebrate populations, which serve as food for other organisms, also affect the biodiversity of a given area.

# Loss of Biodiversity Caused by Human Activity

- The loss of biodiversity due to human activities is the process of reducing the diversity of species and the disappearance of various forms of life on Earth, resulting from human actions such as deforestation, habitat degradation, overexploitation of natural resources, the introduction of alien species, and environmental pollution. This loss of biodiversity has serious implications for ecosystems, ecosystem services, and human well-being, requiring actions to protect and restore biodiversity.



# Causes of Natural Loss of Biodiversity:

- **Evolution:** Evolutionary processes lead to changes in populations and species, sometimes resulting in the extinction of older life forms and the emergence of new species.
- **Climate Change:** Historical climate fluctuations have influenced species adaptation, which could result in the extinction of those unable to adapt to new conditions.
- **Natural Disasters:** Events such as volcanic eruptions, changes in water levels, or changes in the geography of the area can cause mass extinctions.

# Effects of Natural Loss of Biodiversity:

- **Species Extinction:** Natural selection processes can lead to the extinction of species that are unable to survive in new environmental conditions.
- **Reorganization of Ecosystems:** Changes in species composition can lead to the reorganization of ecosystems, affecting food web structure and ecosystem functioning.
- **Evolution of New Species:** Natural evolutionary processes can lead to the emergence of new species better adapted to changing conditions

# Causes of Biodiversity Loss Due to Human Activities

- Environmental transformations
- Climate change
- Overhunting
- Overfishing
- Invasive species
- Spread of diseases
- Genetic pollution
- Ocean acidification
- Simplification of ecosystems

# Effects of Human-Caused Biodiversity Loss

- Ecosystem Instability
- Decline in Ecosystem Services
- Loss of Genetic Wealth
- Changes in Nutrient Cycles
- Increased Risk of Species Extinction
- Increased Social Tensions
- Difficulty in Adaptation
- Challenges in Research and Innovation
- Increased Risk of Extreme Natural Events
- Reduction in Agricultural Production Efficiency
- Reduced Chances of Discovering New Medicines



# HOW LOSS OF BIODIVERSITY AFFECTS HUMANS

1. Food Security
2. Public Health
3. Economic Impact
4. Cultural Value
5. Risk of Natural Disasters
6. Adaptation to Climate Change

# Conservation of Biodiversity

- **Ex-situ Conservation**
- Ex-situ conservation refers to the protection of biodiversity outside their normal environment. Ex-situ conservation involves breeding and preserving endangered species outside their natural habitat in places such as zoos, botanical gardens, or gene banks. Here, competition for food, water, or space is much lower.
- **In-situ Conservation**
- In-situ conservation simply means conserving species in their natural environment. It involves maintaining genetic diversity by keeping it in the locations where these species naturally occur. It's about managing the diversity of life at the place where it naturally occurs.

# How to Support Biodiversity Conservation as a Green Leader



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# Support Local Farms

- Regularly purchasing from small local farmers at markets not only supports the local economy but also helps agriculture that cares about biodiversity. When visiting stalls, it's worth understanding specific terms, e.g., the term "organic" can be great for you and the environment, but farmers using "Integrated Pest Management" techniques offer high-quality products with minimal chemical impact. Supporting local farmers through community-supported agriculture is another excellent way to enjoy fresh, seasonal food while supporting local finances. This simple action has a significant impact on both us and the ecosystem.



# Save the Bees

- Bees play a key role in maintaining biodiversity but are increasingly falling victim to the Varroa mite. We can help save them by creating areas with wildflowers that produce nectar in our backyards or by building special bee houses for them to find shelter. When implementing your DIY projects, pay attention to the products used, as standard insecticides can be dangerous or even fatal to bees. These simple actions have the potential to protect these creatures and preserve their role in the ecosystem.

# Plant Local Flowers, Fruits, and Vegetables

- Explore the wealth of flora, fruits, and vegetables in your region and plant diverse varieties in your backyard or hanging garden. Supporting local nurseries specializing in native plant species can be crucial for this action. These establishments are great sources of information on plant care and how to care for them. It's important to know where the plants come from – the more local the source, the better. By supporting local nature, you contribute to preserving biodiversity in your surroundings and support the ecosystem at the local level.

# Save Water by Taking Shorter Showers!

- Biodiversity largely depends on the abundance of local freshwater. Taking shorter showers for five minutes or turning off the tap while washing hands, doing dishes, or brushing teeth are simple ways to reduce water consumption.

# Seek Balance with Local Habitats

- Plants that grow in nearby parks or nature reserves often play a key role in maintaining the balance of the local ecosystem. When spending time outdoors, support local biodiversity by staying on designated trails and paths. This is also important for children and pets, who should be taught the same!

# Limit the Waste of Consumer Goods: Food, Clothing, Electrical Equipment, etc.

- The production of clothing and electrical equipment requires the use of natural resources, which can lead to exploitation and degradation of the natural environment. Reducing waste through repair, reuse, or donating items to others reduces the pressure on the extraction of new raw materials, helping to preserve biodiversity.
- The mass production of consumer goods often leads to excessive consumption of natural resources, which can cause water, soil, and air pollution and habitat degradation. Reducing waste of goods reduces the need for intensive production, which in turn reduces the pressure on natural ecosystems.

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